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## Vigil for man killed in bus-stop fire

Death of man in Berwick has  
been deemed suspicious

PAGE 4

## SHOW A SHIMMY AT SHAD SHOW

RAPPER READY TO  
TAKE THE STAGE  
AS PART OF POP  
EXPLOSION PAGES 14



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Monsters & Men



Music First



## DROUIN IT AND DOIN' IT WELL

Halifax Mooseheads Jonathan Drouin, left, fights for the puck with Charlottetown Islanders' Matthew Burse during QMJHL action at the Halifax Metro Centre on Wednesday. The Herd hung on for a 4-2 victory against the No. 1 team in the Maritimes Division.

JEFF HARPER/METRO

# Shaping the waterfront

**Lower Water Street.**  
Public consultation  
held for new  
development



ALY  
THOMSON  
halifax@metronews.ca

An otherwise empty lot on Halifax's picturesque waterfront is brimming with possibility.

That's why Waterfront Development Corporation held a public consultation session Wednesday evening — to help shape the open space around a new mixed-use development coming to Lower Water Street.

"The goal of the night is to understand from the community how they want to use this almost acre of public space," said WDC's Andy Fillmore of the lot between the Nova Scotia Power building and Bishop's Landing. "It can be almost anything."

Eight themes — activate, ride, escape, learn, entertain, savour, watch and experience — were presented and participants were asked to articulate

which of those appealed to them and why.

For example, "savour" could include food trucking or an urban coffee farm, while "entertainment" would focus on accommodating performances.

The event yielded an array of ideas, including an aquarium, walking and biking trails and a reflective space devoid of waterfront crowds.

Many of the roughly 50 people agreed the space should have more than one use, and online users following the discussion via Twitter or the live-stream agreed.

"Love the idea of public art opportunities — an ever-changing canvas of local talent," tweeted user Janine Basha.

Ideas gathered from the consultation, along with responses to an online survey and input from Nocturne attendees last weekend, will be given to the landscape architect.

An open house will be held in January to present the plan before it's sent to the Halifax Regional Municipality for approval.

Construction is set to begin in late 2014.

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Provincial government

## Premier changes top civil servants

A day after being sworn in, Premier Stephen McNeil announced the deputy ministers of Health, Education and Environment are leaving the Nova Scotia government.

McNeil said Wednesday the moves indicate that his government is changing direction and is serious about implementing its campaign platform, which includes major changes to the education and health-care systems.

"I made it very clear that the commitments that I have made in our platform are going to be delivered," said McNeil.

He said changing deputy ministers allows the new Liberal government to deliver change in a "timely manner."

The Liberals have promised a comprehensive review of the province's school curriculum and a reduction in the number of health boards, cutting them from 10 to two.

McNeil said acting deputy ministers will be appointed until replacements are found.

Five other deputy ministers also switched departments.

He said the three deputy ministers who are leaving the government had provisions in their contracts that will see them get severance of one year in salary.

THE CANADIAN PRESS



Carole Olsen, former deputy minister of education. METRO FILE



Toni Nicholas poses for a photo at her Dartmouth home on Wednesday. The teen, who has been bullied, is organizing a vigil this Saturday in honour of other victims. JEFF HARPER/METRO

# Offering support for bullied teens

## Generation Change.

Group to hold candlelight vigil for bullied kids who committed suicide



ALY THOMSON  
halifax@metronews.ca

Every week, Toni Nicholas receives dozens of messages from teens who are being bullied and are considering suicide.

She tells them to stand up for themselves, that life does

get easier, that she's been through the same thing.

"People think that bullying only affects you when it's happening, but it's a scar that's marked permanently," she said.

It's been almost three years since the 15-year-old took 80 extra-strength Tylenol in an attempt to kill herself.

Since then, she's started a support group for bullied youth called Generation Change.

The group will be at Alderney Landing this Saturday for a candlelight vigil honouring 250 victims of suicide, one year after a similar event.

"We started the group to let

people know that there are still people out there that truly do care and are willing to fight for change," said Nicholas at her home in Dartmouth.

The group meets once a month at the Woodlawn Public Library, but Nicholas is hoping to expand Generation Change into other public spaces.

She's gained about a dozen organizers over the last year, and more kids are approaching her for help.

Nicholas said schools and the government aren't doing enough. She said provincial bullying laws slap bullies on the wrist and do nothing to

help victims heal from the trauma.

Generation Change should be in every school system, Nicholas contends.

"As much as it's in the media, we don't watch the news. Not a lot of kids do. We need it in front of us," said Nicholas, adding that her friend is starting a Generation Change group in Alberta.

For Nicholas, some days are tougher than others, but it's not about her anymore, she said.

"I feel like since I've gained all this strength, I should share it with others who feel like they don't have a lot of strength."

1 NEWS

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# Vigil planned for man found dead in Berwick bus shelter

**Fire ruled suspicious.** Chaplain convinced the victim was homeless man who slept there

People in the small, rural community of Berwick, N.S., are organizing a memorial for a homeless man they believe was killed in a fire at a bus stop that served as his nighttime shelter.

Chaplain John Andrew said Wednesday that he was planning a candlelight vigil for the 62-year-old man, who he says had been living on the town streets since spring.

Police could not confirm the identity of the remains found Wednesday in the burned-out bus shelter on Berwick's main street after they were called to the scene at about 2 a.m.

RCMP Sgt. Al LeBlanc said an autopsy was being performed Thursday to determine the cause of death and that officers were still trying to notify the man's next of kin so they could identify him.

Yet Andrew is convinced it was the homeless man.

"Police have not announced officially that's who it is, but I would say I am 100 per cent certain," said Andrew, who met the man in 2005 through the Open Arms emergency shelter in nearby Kentville.

"He's nowhere to be found, and it happened to be in a place

## Heavy hearts

**"The mood in the town today is one of pretty deep sadness."**

Berwick Mayor Don Clarke

where he was known to sleep."

Andrew, who is the managing director of the shelter, said the man had been living in various locations throughout the Annapolis Valley over the years and would find a "perch" in a community, where he would sometimes panhandle while keeping people at a distance.

Andrew said he couldn't be

certain of the man's name, but he knew him as Harley Lawrence based on information from family members who looked for him a year or so ago. He said the man had lived in a ravine and the garage of one of the emergency shelter's board members, but refused most offers of help.

LeBlanc says police are treating the death as suspicious because it was sudden and it wasn't clear how the fire started.

Berwick Mayor Don Clarke said the community had struggled with the man's presence on the streets, with many calling for his removal or a way to help him.

But he said the feeling was much different Wednesday.

"It's almost a sense of loss," he said. "This man seems to have fallen through the cracks."

Andrew said his group was waiting for more information from police, but planned to hold the vigil in the centre of Berwick on Saturday.

THE CANADIAN PRESS



RCMP were on the scene of a fire and suspicious death on Berwick's Commercial Street from just after 2 a.m. Wednesday until late in the afternoon. NANCY KELLY/KINGS COUNTY ADVERTISER AND REGISTER

## Maritime Link hearings start Nov. 6



Emera CEO Chris Huskison says he's confident a new deal with Nalcor Energy "very strongly" meets conditions laid out by Nova Scotia's provincial regulator for approval of the Maritime Link project. THE CANADIAN PRESS FILE

Nova Scotia's energy regulator will hold hearings next month on an agreement aimed at satisfying its concerns about the proposed \$1.5-billion Maritime Link project.

The hearings will be held at the Utility and Review Board offices from Nov. 6 to 8.

Earlier this week, energy company Emera said it had met conditions outlined earlier this year by the board by reaching a deal with Nalcor Energy, Newfoundland and Labrador's Crown-owned utility.

In July, the board said Emera would have to ensure that Nova Scotians have access to the best price for surplus electricity from Muskrat Falls based on market conditions.

According to Emera's latest filing, submitted Monday to the board, its so-called Energy Access Agreement with Nalcor "provides commercial assurance that (Emera) will be the first potential Nalcor customer to have access to market-priced energy that Nalcor has available for export."

Todd McDonald, spokesman for the Lower Power Rates

Alliance of Nova Scotia, said it appears Emera has altered its original proposal, raising questions about how much electricity Nova Scotia will actually get from Muskrat Falls and whether the original price predictions will hold.

Emera CEO Chris Huskison said the new arrangement does use a forecast that pre-

## 'Win-win' agreement

**"We've worked hard to read what the Utilities and Review Board is seeking. Our goal is to meet those needs."**

Ed Martin, the chief executive of Nalcor

dicts lower energy consumption by Nova Scotia, but he said the lower forecast was what the board called for.

He also said the agreement's assumption of a smaller amount of market-priced energy won't change the existing forecasts for what the project will cost Nova Scotians.

THE CANADIAN PRESS

## Shadow cabinet. Baillie announces critic positions

Progressive Conservative party leader Jamie Baillie has announced critic assignments for his opposition's shadow cabinet.

A news release from the Tories stated Wednesday the 10 critics will "work with the new cabinet where possible and hold them accountable to the people of Nova Scotia when necessary."

"We need to turn our econ-

omy around and create jobs," stated Baillie in the release.

Baillie will serve as critic for the Premier's Office, Intergovernmental Affairs, Policy and Priorities and Immigration.

Veteran MLAs Alfie MacLeod and Chris d'Entremont were named caucus whip and house leader, respectively.

A complete list of critic assignments is online at pcparty.ns.ca. METRO

## Cities Alive

### Planning and Design Centre launches podcast

The Planning and Design Centre in Halifax is launching a new podcast.

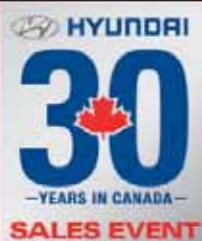
A release says Cities Alive is a great way to demystify the planning and design of communities and will include popular music and stories from academics, "community change-makers" and regular citizens. METRO

## Build Your Centre

### New Nova Centre to be revealed

The developer behind the new convention centre will reveal the updated design at a meeting set for 7 p.m. Thursday at Dalhousie's CIBC auditorium. A notice states the design has been transformed by the Build Your Centre consultation process, with an above-ground ballroom, a public plaza and the "prominent use" of glass and colour. METRO





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## Alleged attack

## Man assaulted by group armed with hammer, according to police

Police are searching for suspects after a Halifax man said he was attacked by four males, one of who was armed with a hammer.

Officers were called to a disturbance late Tuesday

on Albro Lake Road in the suburb of Dartmouth.

The 31-year-old victim told police he was assaulted outside his apartment.

He was taken to hospital with non-life-threatening injuries.

The investigation is ongoing. **METRO**

**On the web**

For more local news go to [metronews.ca](http://metronews.ca)



## Suspect arrested

## Man charged in C.B. wharf incident

Ingonish RCMP have charged a 43-year-old man with attempted murder after a pickup truck forced another car off a wharf in Cape Breton two weeks ago.

The incident occurred Oct. 9 at 4:30 p.m. at the wharf in Bay St. Lawrence. Police say two men

were inside the car when it was allegedly pushed into the water by the driver of the pickup truck.

The men suffered minor injuries but were able to swim to shore.

On Monday, police arrested Simon Wilfred Bonnar in St. Margaret's Village in Tantallon. He faces charges of attempted murder, dangerous operation of a motor vehicle, assault with a weapon and uttering threats.

**METRO**

## Investigation

## Police release suspect's photos in RBC break-in

Police are asking for the public's help identifying the suspect in a break-and-enter in a Halifax bank last week.

On Oct. 17 at 1:45 a.m., officers responded to a call at the George Street RBC, where the glass wall separating the ATM from the main bank had been broken.



The bank break-in suspect.

CONTRIBUTED

Police said video surveillance showed a man breaking the partition and entering the bank. Nothing was stolen.

**METRO**

# Students get taste of science and technology during 'FUNfest'



From left: Grade 7 students Madison Burton, Sarah McLearn and Emma White inspect an Atlantic shark at the Bedford Institute of Oceanography Wednesday. **HALEY RYAN/METRO**

**Education.** Excursion at the Bedford Institute of Oceanography a 'wonderful experience,' teacher says



**HALEY RYAN**

[halley.ryan@metronews.ca](mailto:halley.ryan@metronews.ca)

A group of kids clustered around a table filled with ice and the dark grey bodies of sharks, hands poking at fins and teeth.

Just a few metres away, another group controlled the rush of tides against a sandy beach, while others frowned at the papers in their hand before writing down an answer.

On Wednesday, the Bedford Institute of Oceanography (BIO) hosted a "FUNfest" in celebration of National Science and Technology Week. Local students learned about hydrography,

## Quoted

**"It's a great opportunity to get out of the four walls and to actually have a hands-on experience."**

Jen MacAusland, Grade 7 teacher at Georges P Vanier Junior High

mapping the ocean floor, weather systems and where oil comes from. "It's fantastic. It's a wonderful experience," said Stephen Pelham, a teacher at Ellenvale Junior High. "It's a great opportunity for the kids to ... see what a lot of our researchers and scientists do, because they drive by this every day and don't really get a chance to really see what goes on here."

Shirley Pegler, spokesperson for Natural Resources Canada, said the event is a great way to get kids thinking about careers in science.

About 240 students from across HRM looked through

microscopes at different types of sand, used 3D glasses to watch a video on mud volcanoes, and examined different types of sharks found off Nova Scotia.

Emma White, a Grade 7 student at Georges P. Vanier Junior High School, said her favourite part of the day was speaking with meteorologists because she'd like to be one when she's older.

"I find it really interesting when I see the weather outside, I wonder how it happens and how you find out," White said.

White's classmate, Sarah McLearn, said she liked meeting all the BIO scientists because "what they do here is pretty cool."

McLearn, who said she would like to be a marine biologist, also liked getting a peek into research she might not have seen otherwise.

"Not a lot of people go into this kind of stuff, normal people go to others like accounting," McLearn said. "It was a different experience."

# North-end business group launching parking survey

In a perfect Halifax, David Fleming said buses would run frequently and many people would walk or bike to work on the peninsula — but we're not there just yet.

Fleming, executive director of the North End Business Association (NEBA), released a survey on Wednesday asking those who own businesses or work in the area to provide feedback about their experience with parking.

"We want to just make sure that HRM continues to have data on what's happen-

## Online

Visit [gonorthhalifax.com/parking](http://gonorthhalifax.com/parking) to complete the survey.

ing in our neighbourhood ... so they can make the right choices," Fleming said.

He said NEBA has received about two dozen notes from people in the north end who are unhappy about the small amount of parking available, and decided to gather data

from everyone to pass along to HRM.

Fleming said a great deal of construction on Charles Street has cut off parking options, and future developments like condos and the shipyard improvements will soon mean more cars coming into the north end looking for more parking.

Although HRM is attempting to move towards reducing car use on the peninsula, Fleming said short-term changes like more parking lots are an unfortunate necessity.

"If we have a bus system that's more effective, we may be able to have different discussions 10 years, or even five years from now," he said.

Although parking lots might be a solution right now, Fleming said once bus and active transportation targets are met the lot could be turned into a park to benefit the neighbourhood. "We're trying to work towards a longer term that doesn't look exactly like this," Fleming said.

**HALEY RYAN/METRO**



Street parking is at a premium in HRM's north end. **METRO FILE**



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## Moscow. Greenpeace activists facing new charges

Russia's main investigative agency said Wednesday that it has dropped piracy charges against jailed Greenpeace activists, including two Canadians, and charged them instead with hooliganism.

The news brought little comfort to anxious family members back home, since the new charges still carry stiff prison sentences of up to seven years.

But Patti Ruzycski Stirling, whose brother Paul Ruzycski was serving as first mate aboard the Greenpeace ship Arctic Sunrise when it was seized last month, said the decision still represents progress from the Russian government.

Ruzycski, fellow Canadian Alexandre Paul and 28 other activists were originally facing prison terms of up to 15 years under the original piracy charges.

"It's the first step in the right direction, the fact that they've come to their senses and realized that piracy is lunacy, that they had no grounds for that," she said in a telephone interview from her home in Port Colborne, Ont.

Greenpeace took a harder line, saying their crew members were arrested while travelling in international waters and should not be behind bars at all.

Christy Ferguson, Arctic Campaign Co-ordinator with Greenpeace Canada, called the new charges "wildly disproportionate."

THE ASSOCIATED PRESS



## Royal baby baptism

Britain's Prince William holds his son George as they arrive at Chapel Royal in St. James's Palace in London Wednesday, for the christening of the three-month-old prince. JOHN STILLWELL/THE ASSOCIATED PRESS

### Saudi Arabia

## Authorities warn women not to protest driving ban

The ministry in charge of Saudi Arabia's police is warning against "disturbing public order" days before activists

are to call on women to drive cars in defiance of a ban on them getting behind the wheel. The Wednesday statement from Interior Ministry spokesman Turki al-Faisal appeared directed at this Saturday's campaign.

Women are not issued licences in the conservative kingdom. THE ASSOCIATED PRESS

# Pamela Wallin shares her side of the expense- scandal story

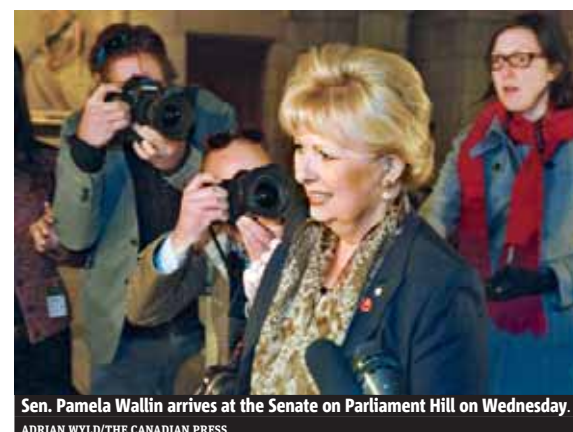
## Stating her case.

Former Conservatives Mike Duffy and Patrick Brazeau also facing possibility of being kicked out of Senate

Pamela Wallin says a government move to expel her from the Senate is an affront to Canadian democracy, motivated by politics and personal vendettas against her by confidantes of Prime Minister Stephen Harper.

The embattled senator — who has reimbursed almost \$150,000 in travel-expense claims that the Senate has ruled invalid — told the chamber Wednesday that she was targeted unfairly by fellow Conservatives Marjory LeBreton and Carolyn Stewart Olsen.

LeBreton was government leader in the Senate until she stepped down this summer. Stewart Olsen is a former aide to Harper who, until this week, was a key member of the Senate committee that sat in judgment on Wallin and three other senators, ordering external audits of their expenses and ultimately asking the RCMP to investigate all four.



Sen. Pamela Wallin arrives at the Senate on Parliament Hill on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

Wallin said public opinion was whipped up against her by 14 different leaks to the media — leaks she believes "were orchestrated in large measure by senators LeBreton and Stewart Olsen" and which were designed to cast her conduct "in the worst possible light."

The pair "could not abide the fact that I was outspoken in caucus or critical of their leadership or that my level of activity brought me into the public eye and once garnered the praise of the prime minister," Wallin said, her voice occasionally wavering.

"They resented that. They resented me being an activist senator."

LeBreton rose immediately following Wallin's speech to call her accusation "false, false, false."

LeBreton denied ever leaking information about Wallin to the media or instigating the investigation into her expenses. Indeed, LeBreton said it was a letter of complaint to Senate administration from one of Wallin's own staffers that prompted a review of her travel claims.

THE CANADIAN PRESS



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[illegible]



## Stanley. Canadian sex offender held on bail in U.S.

A violent sex offender who fled Canada is being held on \$100,000 bail after being accused of harassment and another sexual assault.

Michael Sean Stanley made a first court appearance Wednesday. A judge set his bail at \$100,000, citing the circumstances of how he fled Canada to the United States. Wearing a red prison uniform with his hands shackled in front of him, Stanley appeared before the judge by video from the local jail.

Stanley did not speak to the judge during the brief hearing.



Michael Sean Stanley in court Wednesday in Seattle.

ELAINE THOMPSON/THE ASSOCIATED PRESS

He entered the United States earlier this month as Canadian police were searching for the 48-year-old.

THE ASSOCIATED PRESS

### San Francisco

## Callers mistakenly directed to phone sex line

People who tried to complain about noise from a San Francisco marathon got an earful of racy language instead.

When they called

the city's 311 hotline to complain about Sunday's Nike marathon, they were incorrectly directed to a phone sex line.

City officials now say they were given the wrong number and are investigating how the mix-up occurred. The phone sex number and marathon number differed only in their prefix: 800 versus 866. THE ASSOCIATED PRESS

# Pot smokers in Vietnam digging the Canadian bud



A man rolls a joint with Canadian-grown marijuana at his room in the old quarter area of Hanoi, Vietnam, on Oct 1. Western-grown marijuana is popular among Vietnamese elite. NA SON NGUYEN/THE ASSOCIATED PRESS

## Cannabis. It's also appearing in Japan and South Korea

For the young Vietnamese dope smokers rolling up out-

side a smart Hanoi cafe, local cannabis is just not good enough. As with their Adidas caps, iPhones and Sanskrit tattoos, so with their choice of bud: only foreign will do.

Potent marijuana grown indoors in Canada and the United States is easy to buy

in Hanoi and Ho Chi Minh City, say regular smokers, and sells for up to 10 times the price of locally grown weed. That's perhaps surprising given that marijuana is easy to cultivate regionally, and bringing drugs across continents is expensive and

risky.

Some experts say the trade can be explained by the dominant role Vietnamese diaspora gangs play in cultivating the drug in western countries, making sourcing the product and smuggling it to Vietnam an easier proposition than it might be otherwise.

The characteristics of cannabis use in the country also drive the trade. The drug is used mostly by foreigners and well-heeled Vietnamese, who are prepared to pay for quality. Vietnamese have long shown preferences for imported goods of all kinds — and it appears cannabis is no exception.

Smokers said one gram of Canadian weed retails for anything up to \$45, the average weekly wage in the country. Mid-quality hydroponically grown marijuana sells for about \$10 a gram in Canada and the United States.

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# Europe's focus on blocking migrants at borders slammed

**Safe port.** Human Rights Watch wants the EU to guarantee that anyone picked up at sea will be taken to a safe European port

The European Union is using the drowning deaths of people fleeing to Europe as a pretext for ramping up border controls against unwanted migrants, a human-rights group said Wednesday.

Human Rights Watch said the drowning of hundreds of migrants in the Mediterranean Sea this month should prompt the EU to chart a new policy

## European Union rules

- Human Rights Watch accused northern European countries such as Germany of blocking any meaningful reforms of the rules that allow Berlin to turn away refugees who arrived from another EU state.

course toward people fleeing war and dire poverty.

Leaders of the 28-nation bloc are to discuss how to avoid future boat disasters at a meeting Friday in Brussels.

"Though framed in terms of saving lives, many of the proposed policy responses reflect the EU's preoccupation

with preventing departure and barring entry," Human Rights Watch said.

According to the New York-based group, about 35,000 people have crossed from North Africa to Italy and Malta this year alone — many of them fleeing persecution or fighting in Somalia, Eritrea or Syria. At least 500 have died this year, including about 365 people who drowned Oct. 3 when their boat capsized off Italy.

In May, the EU created a task force to train Libya's border guards to better control its vast frontiers. But European governments have been reluctant to provide more ways to enter the bloc legally, as demanded by rights campaigners.

THE ASSOCIATED PRESS



## Suspended Greek teachers protest austerity

High schools teachers suspended from their jobs chant anti-austerity slogans during a protest near the Greek presidential palace, in central Athens, Wednesday. The conservative-led government plans to sack 15,000 state employees by the end of 2014, and place another 25,000 in a program of mandatory suspensions and job transfers. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

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## Economy to dictate decision

**Interest rates likely to stay low as BoC in wait-and-see mode**

The Bank of Canada has pointedly dropped its warning about the potential for higher interest rates, triggering a sell-

off in Canadian dollars that pushed the loonie almost one cent lower Wednesday and raised speculation that rates could actually fall further.

In a more predictable move, the bank also lowered the anticipated growth path for the economy, shaving the projected pace of expansion for this year as well as in 2014

and 2015.

The central bank, by jettisoning the now familiar tightening bias that it has used since April 2012 to caution consumers about over-borrowing, suggests that it is just as likely to cut the one per cent overnight rate as to raise it in future.

THE CANADIAN PRESS

## Sochi marketing

**Olympians to get \$900 smartphones**

Athletes who fail to clinch gold at the 2014 Sochi Winter Olympics can take home something else: a \$900 smartphone from Samsung.

THE ASSOCIATED PRESS

**\$6 for tea??? Starbucks aims to make stodgy drink of British grannies cool**

Starbucks is trying to make tea trendy, with plans to open its first "tea bar" in New York City.

The Seattle-based company says Teavana Fine Teas + Teavana Tea Bar will serve sweets and other food including flatbreads, salads and small plates ranging in price from about \$3 to \$15. Drink prices will range from \$3 to \$6, and include novelties such as a Spiced Mandarin Oolong tea and carbonated teas.

The menu of food and freshly made drinks is a switch for Teavana, a chain of about 300 stores that sell boxed and loose tea and accessories. Teavana stores are mainly in shopping malls, but Starbucks CEO Howard Schultz said he plans to expand the foot-



Starbucks hopes Teavana "tea bars," featuring \$3 to \$6 drinks, will be a hit. CANDICE CHOI/THE ASSOCIATED PRESS

print to include more locations in urban areas. The company plans to add brewed tea and food to more Teavana stores.

The opening of the New York City store on Thursday comes after Starbucks bought Teavana last year. The company has said it plans to use the acquisition to make tea a bigger part of American culture, as it has with coffee. THE ASSOCIATED PRESS

**Will \$250M renegade news experiment work?**

**Brainchild of eBay founder.** Only time will tell if the well-funded venture to be led by group of activist journalists is able to reach lofty goals



KIERON MONKS  
Metro World News in London

The biggest national-security breach in U.S. history was a warmup for Glenn Greenwald. The activist reporter who published Edward Snowden's revelations is to launch a well-funded news outlet with a priority to share secrets from the world of surveillance, raising fears that U.S. national security will suffer.

EBay founder Pierre Omidyar has pledged a minimum \$250 million to the "mass media organization" and specifies a focus on "government transparency and accountability." Along with Greenwald, fellow NSA-scop publisher Laura Poitras will be a founding member, as well Jeremy Scahill — the man who



Journalists Glenn Greenwald, left, and Jeremy Scahill will help lead an ambitious news outlet focused on "government transparency and accountability." SILVIA IZQUIERDO/THE ASSOCIATED PRESS FILE



exposed the Blackwater scandal in Iraq and CIA torture practices.

Omidyar has been coy on details — the location and launch date have not been announced — but the billionaire is known to support a horizontal model giving more freedom to journalists than traditional media. Greenwald has said this freedom was a major incentive for leaving The Guardian, which redacted many of Snowden's documents for security reasons, although t h e

published reports were still explosive enough to cause the resignations of leading NSA directors.

Thousands of the documents remain unpublished.

"I think Omidyar is mission-driven," Jay Rosen, director of journalism at New York University and close to both Greenwald and Omidyar, told Metro.

"What he gets out of it is the prestige of ... excellent, public-service journalism ... that reveals what would have remained

hidden."

Greenwald's supporters will demand something closer to a war on the security sector. "We expect Glenn and Laura will produce hard-hitting investigative journalism on the ever-expanding surveillance state," said a source at the Electronic Frontier Foundation, which is organizing an anti-NSA rally in Washington. The next revelations will be hotly anticipated.



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# BURPING COWS ARE A GAS, GAS, GAS

In these uncertain times of huge, unprecedented disasters like climate change and the Senate, it's nice to know that there are still stories that fill us with awe, still moments that make us think, "it's not such a bad life, after all."

Which is why, this week, I'd like to talk about burping cows. According to an Oct. 21 story by the Reuters news agency, Argentine scientists have devised a system that can tap directly into a cow's digestive tract and remove up to 300 litres of pure methane per cow per day, "enough energy to keep a refrigerator running for 24 hours."

This story raises all sorts of interesting questions. Like, my fridge can run on intestinal gas? Do I even need the cow?

But before I follow that line of thought to places we can't return from, here's an even bigger question: How come I never get journalism assignments like this? When I was a field reporter, I was always sent to events that had no effect on anybody,



HE SAYS

**John Mazerolle**

metronews.ca

like city council meetings.

Yet some lucky Reuters reporter was sent to watch top Argentine agricultural technologists channelling digestive gases from inside a cow through high-tech tubing to a tank on its back.

I like to imagine it was just like NASA mission control: When the burps successfully entered the tank, scientists high-fived and whooped while a mission commander removed his headset and heaved a relieved sigh, possibly methane-based.

Though it would have been a fun assignment, it's my duty as a serious journalist to stress that this isn't all fun and gas. As Canadians, we have to be concerned that Argentina now leads the race toward cow-excretion-col-

lection supremacy, probably because the world was so focused on Iran. Argentines: First they get the Pope, then they get the power.

Let's not understate the gold mine here: Cows produce what

scientists call a "heap ton" of gas because cows have a lot of stomachs, including the Greater Stomach, the Lesser Stomach, the Secret Stomach behind the bookcase, and the Ultra-Deluxe Stomach (not available on all models, ask dealer for details).

You know how you feel after you've had four burgers and you're lying on the couch and your stomach starts making noises that seem to say, "All non-vital personnel, please clear the area"? Imagine how that would feel if you had multiple stomachs! For one thing, you could win every belching contest from here to Buenos Aires.

Even if such dreams never come to pass (get it?), it's clear that belching cows are now another technological advance to consider for countries seeking energy independence. Countries like Canada. Are you pondering what I'm pondering? Given the other big news stories in Canada, I think we can all agree that Canada's next course of action to slow climate change and greatly improve the Senate involves bringing long lengths of tubing to Parliament Hill.

At the very least, our fridges will run well. Give it a sober second thought.

## ZOOM

# My pet monster



DAMIAN DOVARGANES/THE ASSOCIATED PRESS

## A hairy, scary 30-year commitment

A tarantula peeks out of his webbing filling the entire container in Los Angeles. This is one of the 50 tarantulas nurse Dee Reynolds cares for at her home. Tarantulas are the heaviest, hairiest, scariest spiders on the planet. They have fangs, claws and barbs. They can regrow body parts and be

as big as dinner plates, and the females eat the males after mating. But there are many people who call these creepy critters a pet or a passion and insist their beauty is worth the risk of a bite.

Unlike Fido or Whiskers, you can't cuddle with them, dress them for Halloween or play catch. They can cost hundreds of dollars, but they can also live for 30 years. **THE ASSOCIATED PRESS**

## They grow up so fast ...

The tarantula starts life as a sling — short for spiderling — so they can be as small as a fingernail and grow as large as a dinner plate. It eats mostly live crickets, cockroaches and some mice. The spider turns prey into stew by pumping in venom through its fangs.

**THE ASSOCIATED PRESS**

## Bites not so bad (usually)

All tarantulas can bite, but owners say it's no worse than a bee sting, unless you are allergic.

- Although there's no documented case of a fatal bite, some have more potent venom than others, and there is no anti-venom, so you treat the symptoms and hope for the best.

## Clickbait



**ANDREW FIFIELD**

andrew.fifield@metronews.ca

**It's a familiar problem that likely affects somebody you love: The agony that comes with waiting for your Candy Crush lives to refill. But don't worry — there's plenty of other free mobile games to save you from doing anything too productive.**



## Paint It Back:

A game of nonograms, which are grid-based puzzles that label each row and column with numerical clues for which squares must be shaded to reveal a picture. They're also known as Picross to Nintendo DS fans. If none of that makes sense to you, just know that it's good brain-teasing fun and Paint It Back is designed to ease you in gently. (iOS)

## Candy Mania:

It wouldn't be unfair to say this game was, um, "inspired" by Candy Crush. But there are enough twists on the gameplay — not to mention

the continual introduction of new mechanics — that it never really feels like you're playing the same game over again. (iOS/Android)

## Pocket Mine:

Take control of a miner and start digging, collecting as many precious metals as you can until your pick shatters. Take that cash and upgrade your picks while acquiring upgrades like exploding coal and volatile grenade boxes, all set to a sepia-toned 8-bit soundtrack. (iOS)

## Twitter

**A U.S. man called the cops after his Jell-O went missing from the work fridge. What's your anti-lunch theft strategy?**

I go out of my way to make really disgusting lunches so no one would want to steal them. Almost inedible. Really gross stuff.

@Canucklehead\_ca

Tape a note explaining you're constipated and it contains a strong medicinal laxative.

@TradeMarck

Fake Moldy Lunch Bag!  
@danfwhite



Super hot sauce. The thief is the sweaty person with a really red face.  
@FrenchmanCanada

Label lunch bag "Poisonous snake specimen". For bonus points, actually put snake in.  
@Cazzy

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# Shad looking for a pop during his return to Halifax

## Local music scene.

Juno award winning Canadian rapper playing free outdoor show at Grand Parade Friday night



**BACKSTAGE PASS**  
Jenna Conter  
halifax@metronews.ca

Sometimes it's just about having fun doing what you love to do.

Finding a creative outlet in his early 20s seemed then like a cure for early-onset boredom but today as Shad-rach Kabango, or Shad, comes to the city as part of Halifax Pop Explosion with his fourth studio album, this once just-a-music-fan continues to build a fan base of his own.

"I think a lot of it is the fun of it. I enjoy exploring my ideas in music and the energy about it. It's about having fun," he said.

Originally from Kenya, and raised in London, Ont., Shad followed his fun into quite the collection of respectful hardware including a 2011 Juno for Rap Recording of the Year. Not bad for someone who is just having fun.



Shad is set to bring the fun to Halifax Pop Explosion. CONTRIBUTED

Then again, through his own admittance, Shad confesses during those early years he "had no idea what (he) was doing."

"When I look back, it's kind of amazing to me that I finished that album," he said about his first album, *When This is Over*.

Now, looking back on his

efforts in the studio with Flying Colours, he's confident that his experience has created a well-rounded product reflective of not only his growth in the studio and as an artist, but also how those improvements have opened the doors to collaborations with artists like HRM's own Paul "Skratch Bastid" Murphy.

"Now being able to speak the language of the studio, musicians and the cut man makes the process a lot easier. That comfort also allows me to try more things — bigger ideas," he said.

Bigger ideas include bass samples coming to us by way of West Africa — where the man himself originates.

## Go to the show

### Show details

- What? HFX POP Explosion Presents: Shad
- Where? Grand Parade
- When? Friday, 8 p.m.
- Cost? Free

## A musical range

"My first album was straight up hip-hop and rapping with similar tempos and a similar kind of sound. This one is a bigger range of ideas and content."

Shad  
On his latest musical effort

Bringing cultural textures, an improved mature beat and an award-winning, jovial swagger, Shad is set to return to Halifax. He's playing a free show at Grand Parade on Friday at 8 p.m.

"I love coming to Halifax," he said. "The east coast is such a music-friendly place I've always looked forward to going back."

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# First line, last line and Mochrie fills in the rest

**New book.** Toronto-based comedian puts his own zany spin on a handful of classic tales

The opening story in the debut book from improv master Colin Mochrie begins with the opening lines of Arthur Conan Doyle's *A Study in Scarlet*, describing Sherlock Holmes seated at a breakfast table.

What follows is far from elementary, as the famed fictional detective dresses in drag and racks his brain — not in order to solve a crime, but to figure out how to do standup comedy.

In his newly published collection of short stories, *Not Quite the Classics* (Viking Canada), Mochrie takes the first and last lines from 12 famous novels and re-imagines the middle.

The approach stems from the improv game *First Line, Last Line*, in which the skit's beginning and ending are supplied by the audience and the performers invent the rest.

"When I was first asked by my agent to write a book — apparently he does not like me having free time — because I have no experience at writing, I thought I would use my improv experience to help me guide my way through this," Mochrie said in a recent interview.

Using the first and last

lines, "I figured ... two per cent of the book is written, so I'm set," he added with a laugh.

The Toronto-based *Whose Line Is It Anyway?* star said he was a shy child who read a lot, but he never wanted to write a book until his agent suggested it.

He was convinced to take on the project by actress Debra McGrath, his wife who "does a lot of writing," is "incredibly disciplined" and "incredibly supportive."

"Actually, I think I'm writing this book because of her, because she's a very positive person. I am less so, much less so," said the typically self-deprecating Scottish native, who was recently named Canadian comedy person of the year at The Canadian Comedy Awards.

"But she has this thing, and she's actually talked me into doing it: There's a thing in improv called, 'Yes, And,' where you accept people's ideas and then you build on that, so it's always positive. We've kind of talked about, in the last couple of years, saying yes to things that we ordinarily would say no to."

"I've found it leads you to these adventures you never would've taken the chance on, and writing a book was something I never thought about, so I thought, 'Well, I'll use Deb's Yes, And thing and see where it takes me.'"

The TV actor said he chose the stories according to whether they had first and

last lines that inspired him and yet were vague enough.

The first one he tackled was Dr. Seuss's *The Cat in the Hat*, which he turned into a poem about a zombie invasion.

"It was the first book I read as a child; it was the first book I read to my son, so I know it really well, and it rhymes and it's easy," said Mochrie, who performs with his longtime

improv partner Brad Sherwood at the Queen Elizabeth Theatre in Toronto on Oct. 30.

"So I thought that would be a nice way to ease into it, and it was actually fairly easy to write and pain-free. I thought, 'Oh, this is what the rest of the (project) is going to be like.' I was wrong. Totally wrong. Absolutely, completely, 100 per cent wrong."

Despite the challenges

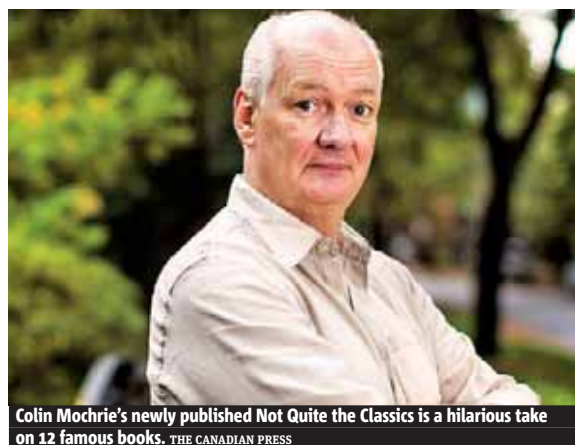
he faced, Mochrie managed to inject the stories with the same charm, humour and zany scenarios he's brought to his improv performances.

There's the one inspired by Herman Melville's *Moby Dick*, in which a balding actor abuses the powers of a magical toupée to advance his career.

Mochrie, who's been the butt of bald jokes himself,

said that's one of the most personal stories. (For the record: He's never worn a toupée.) "Bald jokes don't bother me at this point. It's been my bread and butter, but I always wonder: How come someone can come up and just do a bald joke at me and I can't mention that they're obese or missing an eye or something? I can't, I just can't."

THE CANADIAN PRESS



Colin Mochrie's newly published *Not Quite the Classics* is a hilarious take on 12 famous books. THE CANADIAN PRESS

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# Britney Jean is just a mother

**Spread-thin Spears.** With a new album and Las Vegas show, pop singer is juggling kids and her career

Britney Spears may take on a sexy pop star persona in the video for her latest single Work B—, but at home she says she feels like a “crazy mom.”

Speaking in London recently, the 31-year-old singer says these days she juggles the demands of an international singing career with taking care of her two sons, Sean, 8, and Jayden, 7.

“Once you’ve done a shoot ... you have to come in and do homework and fix dinner twice and it’s a lot of work,” she said. “But I think as women we just manage it, we make it work.”

Spears says she worked hard with her fitness trainer to get into top shape for her new video, sticking to two or three small meals each day. The American

singer admitted, however, that she struggled to stave off food cravings in the weeks leading up to the video shoot, saying: “I love to eat my popcorn at night!”

And the first thing she ate afterward? “Just chocolate, chocolate, chocolate,” she said.

Work B— is the lead single from Spears’ 8th studio album Britney Jean — the name her family calls her — and she says it’s her most personal album to date. Produced with will.i.am, Spears co-wrote every track, including a song about her split with Jason Trawick in January.

“I think it will make girls not feel alone in this situation,” she explained.

“When they’re alone in their room and they broke up with their boyfriend, they have a song they can go to and listen to, just makes them feel better about themselves.”

Not content with just a new single and a new album, the singer is also preparing for a Las Vegas residency at



Britney Spears will perform 50 shows over two years at the Planet Hollywood Resort and Casino. THE ASSOCIATED PRESS

the Planet Hollywood Resort and Casino.

In a show titled Britney: Piece of Me, Spears will perform 50 dates over two years. The Grammy-winner says she has a vocal coach to strengthen her voice for the show.

She described the process as “grueling” — but says she can’t wait for the experience. “I know I’ll be nervous, but I’m going to be excited, too. It’s going to be cool,” she said.

THE ASSOCIATED PRESS

## Great time for pop ladies

Spears feels it’s a good time for women in pop music right now, citing the success of Rihanna, Lady Gaga, Madonna and Taylor Swift as her inspiration. “There’s so many strong, powerful women in pop music culture today,” she said.

- **Dates.** Britney Jean is out Dec. 3 and Britney: Piece of Me debuts in Las Vegas on Dec. 27.

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# Let your creativity run wild with costumes

JANE  
DOUCET  
For Metro

Trick-or-treaters are getting their Halloween costume inspiration from pop culture once again.

According to the recent annual Halloween shopping survey released by the thrift retailer Value Village, top trends point to camouflage and bushy beards à la Duck Dynasty, and zombies from The Walking Dead.

Similar to past years, nearly 50 per cent of survey respondents think movies and TV shows provide the best costume ideas, and almost 40 per cent said they put in more effort to wear something different every year because they know pictures of them in costume will be posted on social media outlets such as Facebook and Pinterest.

Here are several trends for this

Halloween as revealed in the Value Village survey:

## Camouflage rules

Nearly one in two costume wearers plan to deck themselves out like the Robertson men of Duck Dynasty in camo and big beards as a group look. That's more than those who would choose the Royal Family or Kim, Kanye and baby Nori.

## Zombies come close

For the third year in a row, survey respondents chose The Walking Dead as the TV show that most inspires their costume.

## Channelling hip-hop artist Macklemore

Thanks to his Thrift Shop anthem, almost one in two respondents are considering finding a costume at a thrift store.

## Creativity is key

Nearly one-quarter of respondents think you can tell a lot about



According to a recent Halloween shopping survey released by Value Village, TV shows are a popular inspiration for costumes, including The Walking Dead (zombies) and Duck Dynasty (camouflage and beards). TORSTAR NEWS SERVICE FILE

someone's personality based on their costume. To stand out, 41 per cent of those planning to wear a costume will get creative and create their own instead of buying a pre-packaged one. Only four per cent will wear the

same costume every year.

## Fun for the whole family

A whopping 92 per cent of parents typically dress up their children, and 78 per cent of moms and dads also wear a costume. More than

one in two respondents will decorate their homes for Halloween this year, and four in 10 plan to dress up their pet.

Each Value Village location has dedicated "costume consultants" who are spe-

cially trained to help people find exactly what they need. Stores have been hosting free Halloween "costume catwalk" fashion shows showcasing the most popular looks at 3 p.m. every Thursday in October.

## Safety. Trick-or-treat tips

Every year in the days leading up to Oct. 31, police forces across the country ask Canadians to help make the spookiest night of the year also the safest.

"The most important thing is for kids to be able to see and be seen," says Const. Donald Jenkins of Halifax Regional Police's Community Relations Crime Prevention division.

That means costumes should be brightly coloured or reflective and shouldn't restrict vision or movement so kids can clearly see people and vehicles and to prevent them from tripping and falling.

Here are some other tips to help keep the little ghouls and goblins out of harm's way:

- Try to limit crossing the street. Go down one side of the street and up the other to reduce the number of times you cross.
- Carry a small flashlight. "This is good for both kids and parents because it helps make them more visible, especially to vehicles," Jenkins said. Parents can also attach glow sticks to their kids' costumes.
- Flammable materials, flowing skirts, baggy sleeves and



Never allow children to enter a stranger's home or car to get a treat. COLOURBOX

oversized costumes can all be hazards around candles or flames. Look for costumes, beards and wigs that are labelled "flame resistant." Costumes made from nylon or heavyweight polyester are best.

• Never allow children to enter a stranger's home or car to get a treat. If you are handing out the goodies, don't invite little ones you don't know into your home.

• Look over all of the loot before the kids dive in. "Treats should be tightly wrapped like they would be straight from the manufacturer," Jenkins said. If anything looks like it has been tampered

with, put it in the garbage.

- Check the evening weather forecast, then dress kids appropriately. Costumes should be able to fit over warm clothing or a raincoat.
- Don't let small kids venture out alone, even in what you consider to be a safe neighbourhood. "At least one responsible adult should take a child or group of children door to door," Jenkins said.
- Make sure older kids discuss their route with their parents before leaving the house and say what time they plan to be home. If they have a cellphone, check in regularly.

JANE DOUCET

## YOUR HALLOWEEN HOME

### ATLANTIC PLAYLAND

Leading up to Halloween, the scariest place in metro will be Atlantic Playland's haunted castle. With frightening live actors, scary props and eerie lighting, a trip through the haunted house is not for the faint of heart.

The early reviews of the haunted house have been exceptional, except for those who did not make it all the way through.

"We've already had numerous people chicken out," says owner Lalainya Biasotti.

This isn't surprising given the abundant presence of creepy clowns and terrifying sound effects.

This year marks the first year Atlantic Playland is celebrating Halloween. Besides the haunted castle (which also features a slaughterhouse and cemetery), there is also a large inflatable maze, which is 40 feet long and 24 feet wide.

Atlantic Playland will be open Friday through to Sunday from 6:30-



CONTRIBUTED

9:30 p.m., as well as Nov. 1-2. There will also be a family matinee Friday through Sunday from noon to 4 p.m. this weekend.

The price of admission for the haunted house is \$12 per person, although there are special package deals available for adding a tour through the maze.

Atlantic Playland is located at 1200 Lucasville Rd. in Hammonds Plains.

HALLOWEEN FUN

METRO CUSTOM  
PUBLISHING





Katharine McPhee

## Married McPhee caught kissing married director

American Idol alum Katharine McPhee has been caught locking lips with her former Smash director Michael Morris after an intimate lunch date, according to Life & Style. The only problem? They're both married —

producer Nick Cokas and Morris to actress Mary McCormack. McPhee and Cokas "have been separated for six months," a source says. "Nick continues to co-manage her music." But the status of Morris and McCormack's marriage is unclear.

## Forget it girls, there'll be no 50 Shades of McConaughey

A whole lot of actors are being considered to replace Charlie Hunnam as Christian Grey in the Fifty Shades of Grey movie, but don't include Matthew McConaughey on that list. "I've heard of it, yeah. I have not read the book. I don't even know what



Matthew McConaughey

the book is about," he tells E! News when pressed on the subject. "I'd be making up an answer if I told you any more."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Lohan and posse hit wrong notes in Karaoke bar

Apparently Lindsay Lohan doesn't need booze to get into trouble during a night on the town. The troubled actress was reportedly "insanely beligerent" after an all-night party in a private karaoke room at a New York City bar, according to the NY

Daily News. While Lohan was overheard insisting she wasn't drinking, her hangers-on drained a bottle of Jameson whiskey and left the room littered with bottles and trash, sources say. Lohan is said to have pleaded with the staff to keep the bar open once closing time hit, and when the staff refused the Mean Girls star reportedly summoned the police and complained that she and her friends had been held captive in the karaoke room. No police report was filed.

### Twitter



@MarkDuplass

TWISTER was invented by a couple trying to get their dinner guests to swing with them, right?



@ABFalecBaldwin

The Post is obsessed w my wife's boobs. Get in line.



@bobsaget

When someone says something negative to you, turn it into a positive. Tell them you want to sleep with their mother.



Katy Perry and John Mayer. ALL IMAGES GETTY

## Mayer's marriage proposal to girlfriend Perry 'a question of when' not if

Katy Perry and John Mayer are getting so serious that news of an engagement is all but inevitable at this point, according to Us Weekly. "Every-one

knows it's just a question of when John will propose," a source says. Perry and Mayer, who have been dating for more than a year — with a three-month break earlier this year — "realize they must be together," the source adds. "They Skype and text all day. John always checks in before bed."

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# SS 14's golden girls

## Shimmer and shine.

Pat McGrath's glittering brows at Dior and Dries Van Noten's side partings fashioned with gold leaves have given us gold fever. But for everyday wear simply work in a hint of warm, sparkly hues to get that candlelit glow.

ROMINA  
MCGUINNESS  
Metro World News

The show-stopping gold make-up looks spotted on the SS 14 runway were beautiful, but they only work on the runway. You don't want to dazzle your colleagues with all your bling or crack a tooth on the glitter that's landed in your granola.

"Gold makeup is incredibly flattering and works with all skin tones — pretty much everyone can suit a chocolatey bronze. It's like adding sunlight to your face," makeup artist Florrie White, who's worked with the likes of Blake Lively and Rosie Huntington-Whiteley, tells us.

She shows us how to play with the trend:

## Highlight Your Face

"A gold highlighter (try the Smashbox Halo Highlighting Wand in Gold or NARS multi-stick in Malibu) will give you that candle light luminosity. Focus on the inner corner of the eyes (to open them up and take away tiredness) and on the temples. Dab some right down to the apple of your cheek so that when you move you get a fuzzy glow around you. Highlight the bridge of the nose for an extra spot of light and your cupid bow to create a fuller top lip."

## Warm Your Eyes

"Go for a blown out, gold-bronze smoky eye by using a chocolate gold liner under the eye (try Charlotte Tilbury's eye powder pencil in Sophia). Really bring out the lash line by blending it down. Next, take a gold eye shadow, such as L'Oreal Color Infallible in Goldmine, and wash it all over the lid. Really blend it out so that you get a warm glow behind the lashes. Enhance the look by adding a little bit of a darker eye shadow (such as Color Infallible in Sahara) in the eye sockets."

## As for the rest...

- Frame the eyes by slightly grooming and filling in your eyebrows.
- Apply a glittery beige-nude on your lips. Besame Cosmetic's lipstick in Champagne works well.
- Make sure your mascara is combed through and that you don't get powder or cream stuck on the lashes, as this will take away from your lash line.
- Add some gold flecks to your face with NARS's Orgasm Blush.

And for a little extra sparkle we loved:



Dior does gold best with eyes that make accessories unnecessary.

GETTY IMAGES

### NARS

Eye paint in Iskandar  
narscosmetics.com



### Topshop

Glitter eyes in Sprinkles  
topshop.com



### Besame Cosmetic

Lipstick in Champagne  
besamecosmetics.com



### Charlotte Tilbury

Eye powder pencil in Sophia  
charlottetilbury.com



### Shiseido

Luminous satin eye colour trio in Into The Woods  
shiseido.com



### Barry M

Glitter nail paint in Gold Majesty  
barrym.com



# 3 TIPS



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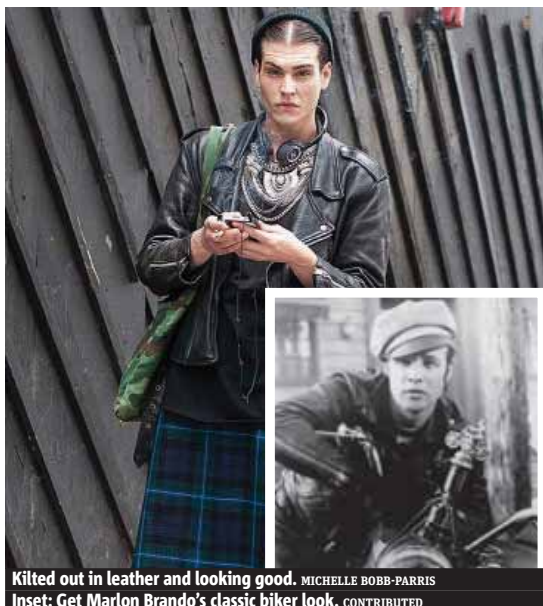
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Kilted out in leather and looking good. MICHELLE BOBB-PARRIS  
Inset: Get Marlon Brando's classic biker look. CONTRIBUTED

Buying a leather jacket is like a rite of passage for men. Whether you're a grungy teen, hipster twenty-something or, God forbid, a middle-aged man on the brink of a breakdown, you will hanker after your own piece of primal cowhide. Motorcycle jackets signal

full throttle raw masculinity, with every male icon from Marlon Brando and Steve McQueen to David Beckham (now, the new face of British heritage label Belstaff) zipped up in the trend. Now, it's time for the everyman to put his biker style pedal to the metal.

# Get revved up for fall with a moto jacket

Men are going all Hells Angels for autumn. Metro rounds up the best of the biker jackets.

RICHARD PECKETT  
Metro World News



## Saint Laurent

Classic biker jacket, \$5,036, farfetch.com

## Topman

Leather biker jacket, \$300, topman.com



## Schott

The perfect motorcycle jacket, \$990, mrporter.com

## Acne

Cassidy leather sleeve biker jacket, \$1,240, matchesfashion.com



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## Pest control

## Halloween candy works a treat on pesky mice



CHARLES THE BUTLER  
askcharlesthebutler@metronews.ca  
For more, visit charlesmacpherson.com

I live in an older home in Halifax and often have mice in the fall season. How do I get rid of them? Thanks, Mr. Butler!

— Kathy

As many people know, mice become more common indoors in the fall because they want to come in from the cold.

Well, as one caller from Nova Scotia suggested on a re-

cent radio show, you could buy a white mouse and let that loose in your home — then when the outdoor mice encounter it, they'll think they've seen a ghost and run away. Alright, that's a terrible joke (and trust me, it's not the way to get rid of mice) but as it happens, there's another Halloween-related theme that comes in handy when dealing with the pesky rodents.

When I was a working butler, we had mouse problems at my employers' home in the country. I was taught the following trick, and it really works:

- Get a large glass jar such as an empty pickle jar.
- Fill the base of the jar with at most one cup of corn syrup, as well as a few

pieces of broken chocolate (possibly from your Halloween candy pile) and half a handful of peanuts.

• Put the jar in the area where you have mice, then take a yard stick and lean it so it's resting on the open neck of the jar and the floor.

The mice will smell the concoction of sweets and nuts, walk up the yardstick and fall into the jar. They'll be unable to get out as long as you pick a large enough jar.

Now, I know there are many chemical solutions for getting rid of mice, but let me tell you, this good old-fashioned method works like a charm every time, and after you catch a few the mouse problem is all gone. Good luck, Kathy, and do let us know how it goes.



Sure, he's cute. But if you don't want him in your home all winter, take Charles' advice. ISTOCK



metro

# HOUSE & HOME

Thursday, October 24, 2013



When looking for a homebuilder, consider whether the builder is a member of a professional association, whether they will provide references, and what kind of warranty they offer. CLAYTON DEVELOPMENTS LIMITED

## Building a good relationship

**Homebuilders.** Ask questions about warranty and what materials will be used in the home

**RICHARD  
WOODBURY**  
For Metro

Deciding on a homebuilder is not an easy task. With many to choose from, there are many factors people will have to consider when trying to make the decision.

Oddly enough, the first step in selecting a builder may actually have to do with location. Assuming somebody is choosing to live in a subdivision, it is likely there will be a few homebuilders from which to choose. This fact alone will help narrow down the search, but to de-

cide on one, people will need to consider other factors, such as whether the builder is a member of a professional association, whether they will provide references, and what kind of warranty they offer.

Another consideration is whether the builder is able to accommodate the timeline a person has for moving into a new home.

"You have to have a timeline that works best for you,"

said Christina Baker, a sales and marketing associate with Clayton Developments Limited.

It is important to find a builder who is transparent about the specifications that a home will be built to and the materials it will include, said Stephanie Palmer, the sales and marketing manager with Picket Fence Homes.

Palmer said a typical model home will likely include standard finishes and per-

haps some upgrades.

"Those sort of things (the upgrades) should be communicated as well," Palmer said.

Another thing people will want to ask about is how the builder will deal with warranty problems and deficiencies.

"It's typical for builders to come back at the end of the one-year period and deal with any issues and any emergency issues would

be dealt with as they arise," Palmer said.

With a home being the single largest purchase most people make in their lifetime, it is crucial they be 100 per cent comfortable with who is building their home. Part of this comfort involves establishing a good relationship with the builder right from the start. One way to achieve this is to have clear communication so complications down the road are minimized.

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# How to choose the right electric fireplace

**Focal point of a room.** For a fraction of the cost of a traditional unit, you can enjoy cosy nights

The simple idea of a cold fall night leads to thoughts of cosyng up in front of a toasty, warm crackling fire

But wait, you don't have a fireplace. And the price to install one is enough to terminate the dream. Fortunately, for

a fraction of the cost of both the traditional and gas units, home dwellers can count on electric fireplaces as an option. With no mess, maintenance or fuss, choosing the right fireplace is just a few steps away.

- Determine where you would like to position the fireplace,

keeping in mind it's typically the focal point of a room.

- Carefully consider your space and find something to suit the decor. Think of the style, scale, colour and the type of unit that will be ideal in the space. Is your decor modern or traditional? Do you have space on

the floor for a mantel or does it need to hang on the wall? There are a multitude of options for inserts, mantels, wall mounts and console units.

- Look for innovative fireplaces that encompass everything on your checklist and offer a superior flame and

warmth.

- Electric units are simply plug-and-play, but make sure you have an outlet within reach and shop for units that use lower wattage. Some units draw less power than a hair dryer.

NEWS CANADA



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## Keeping on top of credit

RICHARD WOODBURY  
For Metro

The process of buying a home should begin long before a person has found their dream property. As part of that process, people should find out what their credit score is and review their credit report.

There are three reasons why people should do this, said Andrew Baikie, the manager of business development for Atlantic Canada with the Canada Mortgage and Housing Corporation (CMHC).

"The first one is you want to make sure what's on your credit bureau actually does belong to you," he said. "We do have cases of fraud and identity theft where somebody may have a particular credit item showing up on their credit bureau that doesn't even belong to them."

For this reason, people should review the report to ensure it is accurate.

There may even be collections from cable or telephone companies that people are unaware of, which will have a negative impact on their credit rating.

"The second reason is



Before you begin the process of buying a home you should review your credit report and credit score. COLOURBOX

your credit score is used ... as a component in the underwriting decision of your mortgage, so whether or not you're going to qualify for a mortgage, your credit bureau does have an impact," Baikie said.

For a high-ratio mortgage — one where the person needs financing for at least 80 per cent of the purchase price of a home — the minimum credit score needed is 600.

Because a credit bureau is a reflection of one's will-

ingness to pay, this is a tool underwriters use in deciding whether to approve a mortgage.

Baikie said the third reason is some lenders may charge a higher interest rate if somebody has a lower credit score.

"To me, those are the three main reasons why you want to make sure you manage your credit and have a good understanding of what you have outstanding in terms of debt," he said.

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When Overhead Door of Nova Scotia Ltd. was first established in 1956, it was owned by the Pelton Family. Son-in-law Bud Whalen took over in 1972 before turning it over in 2002 to the current family owner, David A. Pace.

Overhead Door of Nova Scotia Ltd. has seven fully-stocked vehicles available to help get your project done right and on time. But first, drop by the showroom at 328 Windmill Rd. in Dartmouth to see the array of Canadian-made Garaga garage doors. No matter what colour or style you are looking for, you will find it in the showroom. While you are there, check out the options like electric operators, remotes, and keypads. You are sure to find just the right door and one that fits your budget, too.



CONTRIBUTED





It's important homeowners know exactly what is and isn't covered by a warranty. RICHARD WOODBURY/FOR METRO

## Cover your investment

RICHARD WOODBURY  
For Metro

The majority of new homes will come with a warranty. For those that do, the most common one in Nova Scotia is the third-party Atlantic Home Warranty (AHW). Most often, AHW covers a home for a period of seven years, although it is possible to get a 10-year warranty.

"We sell very few of them," AHW CEO Pat Mulcahy said about the 10-year warranty.

The way it works is the warranty coverage is through the homebuilder for the first year, while AHW covers the remainder of the term.

Just what is covered during the warranty period differs. During the first year, a

warranty is most extensive and will usually cover defects in builder workmanship and materials, and major structural defects. From Year 2 on, only major structural defects are typically covered.

This means things like nail pops and cracked tiles would be covered during the first year, but they would not be covered in later years.

Before the first year is up, around the 11-month mark, people should compile a list of deficiencies and contact their builder to have them fixed.

One benefit of the AHW is that should a problem arise during the first year — such as the builder going out of business — there is a process to get AHW involved to fix the deficiencies, Mulcahy said.

For builders to become eligible to offer the AHW, they must go through an application process that includes a reference check, financial check, security check, and some mandatory training.

It's important homeowners know exactly what is and isn't covered by a warranty, said Nassim Klayme, a real estate agent with RE/MAX Nova in Dartmouth.

"They (homeowners) do assume it covers a lot more than it actually does," he said, adding it is critical that real estate agents clearly explain the coverage to their clients.

With much of the work on a new home being performed by different sub trades, it's important to get a list of who did what and just what kind of labour warranty they provide.

## Whittling down water waste

It gets more and more expensive to turn on the water tap with every passing year. For that reason, it's a good idea for people building new homes to put equipment in it that will help them use less water.

While the standards that homes must be built to today in Nova Scotia necessitate the use of low-flow toilets and shower heads, one can take water conservation measures a few steps further. One option is to install dual-flush toilets.

"The nice thing about that is you have two flushes," said Paul Pettipas, the CEO of the Nova Scotia Home Builders' Association (NSHBA).

A dual-flush toilet oper-

ates by using less water when flushing liquids, while it uses more water for flushing solids. As a result, it helps reduce the amount of water used for flushing when compared to a standard toilet, which has only one flush option.

To take things a step further, rainwater harvesting is a potential option. Under this system, rainwater is captured and stored and can be used when flushing toilets.

"We're seeing some of that happen," Pettipas said.

Another simpler form of rain harvesting — albeit for a different purpose — involves the use of rain barrels. Basically, the rainwater that is collected from a home's drain-

age system gets diverted into a large barrel. Homeowners can then use the rainwater on their lawn or garden on dry days. As well, this approach helps put less water into a city's storm sewers.

One piece of technology Pettipas is a fan of is a drain-water recovery system.

"They are very simple," he said. "There are no moving parts in them."

Traditionally, when showering, the hot water that goes down the drain carries energy with it and that energy is lost. A drain-water recovery system recovers some of this energy and uses it to preheat cold fresh water for the home.

RICHARD WOODBURY

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# Have your jack-o'-lantern and eat it too — in a creamy Pumpkin Soup



**ROSE REISMAN**  
For more, visit  
rosereisman.com or  
follow her on twitter  
@rosereisman

This fall, enjoy the abundance of pumpkins that are virtually found everywhere!

Pumpkins are rich in carotenoids, recognized to keep your immune system healthy and strong.

If you would like to try using fresh pumpkin instead of canned, just roast a small pumpkin at 400 F until tender, about 45 minutes. Cut open, scrape away seeds and scoop out pulp and mash.

1. In saucepan sprayed with cooking spray, heat oil over medium-high heat; cook onions, carrots, garlic and ginger for 10 minutes, stirring frequently, or until onions are softened and browned. Stir in stock, pumpkin, cinnamon, ginger, nutmeg and hot sauce. Bring to a boil. Reduce heat to

## Ingredients

- 2 tsp vegetable oil
  - 1 1/2 cups chopped onions
  - 1 1/2 cups chopped carrots
  - 1 1/2 tsp minced garlic
  - 1 tsp minced ginger
  - 3 cups chicken or vegetable stock
  - 1-1/2 cups canned pumpkin purée
  - 1/2 tsp cinnamon
  - 1/2 tsp ginger
  - 1/8 tsp nutmeg
  - 1 tsp hot sauce
  - 1 cup light coconut milk
  - 1-1/2 tbsp honey
- Garnish**
- 1/4 cup low fat sour cream

low, cover, and cook for 30 minutes or until carrot is tender.

2. In batches, purée soup in a blender. Return soup to saucepan. Stir in coconut milk and honey. Gently reheat.

3. Divide among soup bowls.

## Pumpkin and Light Coconut Milk Soup



This recipe serves four and contains 172 calories per serving. ROSE REISMAN

4. Garnish: Place sour cream in a small plastic baggie. Snip off the end corner of the bag.

Carefully draw approximately 3 to 4 circles on top of the soup as in photo. Use a toothpick to

drag lines from the centre out toward the edges to create a web design.

## For your phone

## Foodie Halloween Treats (iPad/iPhone; free)



**MIND THE APP**  
Kris Abel  
@RealKrisAbel  
life@metronews.ca

There's spooky treats for all in this fun collection of 40 Foodie Halloween recipes spanning drinks, cakes, cookies and candies. Enjoy chocolate frogs, spice-roasted pumpkin seeds, and caramel apple cider cocktails.



## Ingredients

- 2 tsp instant yeast
- 3 cups all-purpose flour
- 1/2 tsp salt
- 2 tsp pumpkin pie spice
- 1/2 cup warm water
- 15-oz can pumpkin purée
- 1 egg
- 1/3 cup honey
- 2 tbsp sugar
- 2 tbsp lemon juice
- 1 tsp cinnamon
- Vegetable oil, for frying

## Pumpkin Honey Doughnuts



2. In saucepan over medium heat, combine the honey, sugar, lemon juice and cinnamon. Bring to a boil and stir well. Remove from the heat.

3. In deep skillet over medium-high, heat 1 inch of oil to 375 F.

4. Working in batches, carefully drop the batter by the tablespoonful into the hot oil. A cookie scoop makes this easier.

5. Turning, fry doughnuts until deep golden brown all over and cooked through, 5 minutes. Use a slotted spoon to transfer

1. In bowl, stir yeast, flour, salt and pumpkin pie spice. Stir in water, pumpkin and egg until a thick, smooth batter forms. Cover with plastic wrap and allow to rest for 45 minutes.

the fried doughnuts to a large bowl. Drizzle honey syrup over the doughnuts and toss to coat. Repeat with remaining doughnuts. Serve. **THE ASSOCIATED PRESS**

## Are you interested in participating in a Diabetes research study?

Are you at least 40 years old, with type 2 diabetes and a history of cardiovascular disease (heart attack, stroke, angina, bypass surgery or blocked arteries of your heart, legs or brain)?

OR

Are you at least 60 years old with type 2 diabetes and one of the following:

- High cholesterol (or receiving medication for high cholesterol)
- High blood pressure (or receiving medication for high blood pressure)
- A current smoker

If so, you may qualify for a research study looking at a **new diabetes treatment**.

If you are interested in hearing more about this research opportunity, please contact:

**Michele Chappell**, Research Coordinator for  
**Dr. Stephanie Kaiser** at (902) 473-7853.



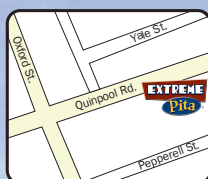
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# Simon Whitfield

## Olympic gold medalist retires

Canadian Olympic gold medalist Simon Whitfield announced his retirement from competitive triathlon early Wednesday, becoming a consultant in sports entertainment.

**Simon Whitfield**  
THE CANADIAN PRESS

Whitfield, from Kingston, Ont., won gold at the 2000 Sydney Olympics and silver at the 2008 Beijing Games.

THE CANADIAN PRESS

# NHL

## Rookie standout staying in Calgary

Sean Monahan will remain with the Calgary Flames this season instead of being returned to his junior club.

"We feel good about the decision we've made," general manager Jay Feaster said in making the announcement. "We believe his development is best served with us."

THE CANADIAN PRESS

# NFL

## Manning sits out Broncos practice

A tender ankle kept Peyton Manning out of practice Wednesday when the Denver Broncos began preparations for the Washington Redskins.

Manning said he'll be back Thursday, however.

This was the first time Manning has missed a practice in Denver.

THE ASSOCIATED PRESS

# Ashley takes charge in sinking Islanders

**QMJHL.** Herd ends its home stint with a statement victory on Wednesday night



**ANDREW RANKIN**  
andrew.rankin@metronews.ca

The Halifax Mooseheads proved their worth on Wednesday night.

Badly outshooting the No. 1 team in the Maritimes Division, the Herd secured a hard-fought 4-2 victory over the Charlottetown Islanders before 6,445 fans at the Metro Centre.

Coming back from two one-goal deficits, the Mooseheads took the lead for good after Darcy Ashley, who finished with three points, scored with just under five minutes left in the final frame. He would ice the victory on an empty-netter in the dying seconds of the contest.

"This gives us a boost in confidence," said Mooseheads defenceman MacKenzie Weegar, who picked up a goal and an assist. "We all know what kind of team they are. But we outworked them tonight, and we stuck with our game plan and it paid off."

The Mooseheads (10-7) outshot the Islanders 40-24, and handed the visitors just their third regulation loss of the season.

After being snake bitten on seven previous power plays, the Mooseheads finally came through after Jonathan Drouin's point shot found a way through the legs of Islanders netminder Antoine Bibeau,



The Islanders' Julien Leuc, left, and Craig MacLauchlan try to shut down the Mooseheads' Max Lindsay during QMJHL action at the Halifax Metro Centre on Wednesday. JEFF HARPER/METRO

# Quoted

**"We battled through some adversity tonight, but we just stuck to our game plan. We just kept outworking them."**

Mooseheads defenceman MacKenzie Weegar

to knot the game at 2-2 with 30 seconds left in the middle frame.

Drouin ended up with three points on the night, after being held off the scoresheet in the Herd's last game against the Rouyn-Noranda Huskies on Saturday. Mooseheads defenceman Austyn Hardie collected

three assists.

"It was another great team effort today," said Mooseheads forward Nikolaj Ehlers. "For me, it was great to see all of the guys working so hard, and there's no question that we definitely deserve the win."

"We were really solid on defence, and good defence creates

the offence. I think we're definitely one of the top teams in the league. We just have to always be working on being consistent — work hard every day, every practice."

Mooseheads goalie Zachary Fucale was solid, especially in the late going, making 22 saves in the victory.

Bradley Kennedy and Daniel Sprong responded for the Islanders.

The Mooseheads are back on the road Friday to take on the Bathurst Titan, and will return home for a rematch on Saturday at 7 p.m.

# Cards defence folds under Game 1 pressure



David Ortiz of the Red Sox blasts a home run against the Cardinals during Game 1 of the World Series in Boston on Wednesday. ELSA/GETTY IMAGES

Given a bit of help by the umpires and a lot more by the Cardinals, the Boston Red Sox turned this World Series opener into a laugh.

Mike Napoli hit a three-run double right after the umps reversed a blown call, Jon Lester made an early lead stand up and the Red Sox romped past sloppy St. Louis 8-1 Wednesday night for their ninth straight World Series win.

David Ortiz was robbed of a grand slam by Carlos Beltran — a catch that sent the star right-fielder to a hospital

# Game 1

8

Red Sox

1

Cardinals

with bruised ribs — but Big Papi later hit a two-run homer following third baseman David Freese's bad throw.

The Red Sox also capitalized on two errors by short-

stop Pete Kozma to extend a World Series winning streak that began when they swept St. Louis in 2004. Boston never trailed at any point in those four games and, thanks to this embarrassing display by the Cardinals, coasted on a rollicking night at Fenway Park.

Game 2 is Thursday night, with 22-year-old rookie sensation Michael Wacha starting for St. Louis against John Lackey. Wacha is 3-0 with a 0.43 ERA this post-season.

THE ASSOCIATED PRESS

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4 SPORTS

# Nothing to 'C' here: Sens' Spezza steals show in Detroit

**NHL.** With pair of tallies vs. Red Wings, Ottawa's new captain helps club in move past its ex

Jason Spezza has Daniel Alfredsson's old job, and for one night he stole his spotlight.

Alfredsson was playing his first game for the Detroit Red Wings against his former team, but Ottawa's new captain spoiled the reunion with two goals in a 6-1 Senators victory Wednesday night at Joe Louis Arena.

Spezza, who was tasked with following Alfredsson's 14 seasons of wearing the "C," scored on the power play in the first period and then at even strength in the second. Defencemen Eric Gryba and Jared Cowen and winger Bobby Ryan — acquired on the same day Alfredsson signed in Detroit — scored the Senators' other goals.

Red Wings goalie Jimmy Howard was chased after the Senators (4-3-2) scored three goals on eight shots. Two of them came on the power play and one went through Detroit defenceman Brian Lashoff's legs, but Jonas Gustavsson still got the call.

Gustavsson slowed Ot-



Senators captain Jason Spezza celebrates his second goal of the game on Wednesday night in Detroit. GREGORY SHAMUS/GETTY IMAGES

tawa but couldn't prevent a third-straight loss for the Red Wings (6-4-1), whose only goal came from Todd Bertuzzi.

Alfredsson was not much of a factor, finishing with two shots in 16 minutes

and 12 seconds of ice time. Coach Mike Babcock started him with Pavel Datsyuk and Henrik Zetterberg, then Alfredsson settled into his usual role on Detroit's second line.

**THE CANADIAN PRESS**

## NHL

### Laraque ready to rock 'em, sock 'em?

With his political career on hold while he fights fraud

charges, Georges Laraque is expressing a willingness to return to his previous vocation: hockey pugilist.

The ex-NHL enforcer says he's just the guy to add some muscle to the Mont-

real Canadiens bench.

Laraque, who has vowed to fight the fraud charges against him, says he's perfectly healthy and would be a good fit for the Habs.

**THE CANADIAN PRESS**

## NHL

### EASTERN CONFERENCE

#### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Toronto	10	7	3	0	34	24	14
Detroit	11	6	4	1	25	30	13
Boston	8	6	2	0	25	12	12
Tampa Bay	8	5	3	0	26	21	10
Montreal	9	5	4	0	29	19	10
Ottawa	9	4	3	2	27	25	10
Florida	10	3	6	1	22	35	7
Buffalo	11	1	9	1	15	33	3

#### METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	9	7	2	0	31	20	14
Carolina	9	4	2	3	22	26	11
NY Islanders	9	3	3	3	29	28	9
Columbus	9	4	5	0	23	23	8
Washington	9	4	5	0	26	29	8
New Jersey	9	1	5	3	18	30	5
NY Rangers	7	2	5	0	11	29	4
Philadelphia	8	1	7	0	11	24	2

#### Wednesday's results

Ottawa 6 Detroit 1  
Boston 5 Buffalo 2

#### Tuesday's results

Toronto 4 Anaheim 2  
Vancouver 5 NY Islanders 4 (OT)  
Columbus 4 New Jersey 1  
Chicago 3 Florida 2 (SO)  
Edmonton 4 Montreal 3  
Washington 5 Winnipeg 4 (SO)  
Minnesota 2 Nashville 0  
Phoenix 4 Calgary 2

#### Thursday's games

##### All Times Eastern

San Jose at Boston, 7 p.m.  
Vancouver at New Jersey, 7 p.m.

### WESTERN CONFERENCE

#### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	9	8	1	0	28	12	16
Chicago	9	6	1	2	26	21	14
St. Louis	7	5	1	1	27	19	11
Nashville	10	5	4	1	19	24	11
Minnesota	10	4	3	3	21	22	11
Winnipeg	10	4	5	1	26	30	9
Dallas	8	3	5	0	20	28	6

#### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	9	8	0	1	40	16	17
Anaheim	9	7	2	0	32	23	14
Phoenix	10	6	2	2	31	28	14
Vancouver	11	6	4	1	32	33	13
Los Angeles	10	6	4	0	26	25	12
Calgary	9	4	3	2	28	32	10
Edmonton	10	3	6	1	30	39	7

**Note:** Two points for a win, one point for overtime loss.

NY Rangers at Philadelphia, 7 p.m.  
Anaheim at Montreal, 7:30 p.m.  
Chicago at Tampa Bay, 7:30 p.m.  
Carolina at Minnesota, 8 p.m.  
Winnipeg at Nashville, 8 p.m.  
Calgary at Dallas, 8:30 p.m.  
Washington at Edmonton, 9:30 p.m.  
Phoenix at Los Angeles, 10:30 p.m.

#### Friday's games

Toronto at Columbus, 7 p.m.  
NY Islanders at Pittsburgh, 7 p.m.  
Anaheim at Ottawa, 7:30 p.m.  
Buffalo at Florida, 7:30 p.m.  
Vancouver at St. Louis, 8 p.m.  
Carolina at Colorado, 9 p.m.

## MLB PLAYOFFS

### WORLD SERIES

(Best-of-7 series; x — if necessary)

#### ST. LOUIS VS. BOSTON

(Boston leads series 1-0)

#### Wednesday's result

Boston 8 St. Louis 1

#### Thursday's game — All Times Eastern

St. Louis at Boston 8:07 p.m.

#### Saturday's game

Boston at St. Louis 8:07 p.m.

#### Sunday's game

Boston at St. Louis 8:15 p.m.

#### Monday, Oct. 28

x-Boston at St. Louis 8:07 p.m.

#### Wednesday, Oct. 30

x-St. Louis at Boston 8:07 p.m.

#### Thursday, Oct. 31

x-St. Louis at Boston 8:07 p.m.

## CFL

### WEEK 17

#### EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Toronto	16	10	6	0	451	414	20
x-Hamilton	16	8	8	0	389	437	16
x-Montreal	16	7	9	0	412	424	14
Winnipeg	16	3	13	0	333	512	6

#### WEST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Calgary	16	13	3	0	513	362	26
x-Saskatchewan	16	11	5	0	468	339	22
x-B.C.	16	9	7	0	435	425	18
Edmonton	16	3	13	0	362	450	6

#### Sunday's result

Montreal 36 Hamilton 5

#### Thursday's game — All Times Eastern

Winnipeg at Toronto, 7:30 p.m.

#### Friday's game

Edmonton at B.C., 10 p.m.

#### Saturday's games

Montreal at Hamilton, 1 p.m.

Saskatchewan at Calgary, 7 p.m.

## NFL

### WEEK 8

#### Thursday's game — All times Eastern

Carolina at Tampa Bay, 8:25 p.m.

#### Sunday's games

San Francisco at Jacksonville, 1 p.m.

Buffalo at New Orleans, 1 p.m.

Cleveland at Kansas City, 1 p.m.

Dallas at Detroit, 1 p.m.

Miami at New England, 1 p.m.

N.Y. Giants at Philadelphia, 1 p.m.

Pittsburgh at Oakland, 4:05 p.m.

N.Y. Jets at Cincinnati, 4:05 p.m.

Washington at Denver, 4:25 p.m.

Atlanta at Arizona, 4:25 p.m.

Green Bay at Minnesota, 8:30 p.m.

#### Monday's game

Seattle at St. Louis, 8:40 p.m.

## MLS

#### Wednesday's result

Salt Lake 2 Chivas USA 1

#### Saturday's games

Kansas City at Philadelphia, 3 p.m.

Montreal at Toronto, 4 p.m.

Dallas at San Jose, 5:30 p.m.

Portland at Chivas USA, 10:30 p.m.

#### Sunday's games

Houston at D.C., 1:30 p.m.

New England at Columbus, 4 p.m.

Chicago at New York, 5 p.m.

Colorado at Vancouver, 8 p.m.

Los Angeles at Seattle, 9 p.m.

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- C&D Recycling
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- Scotsburn Pork Chop BBQ
- Tracy Frazier, Bridgetown
- King Street Recycling Depot, Shelburne
- Region 7 Waste Check, Digby/Yarmouth
- Johnston's Trucking & Depackaging, Truro (Honourable Mention)

Visit [PutWasteInItsPlace.ca](http://PutWasteInItsPlace.ca) to learn more about our 2013 winners!

PUT WASTE IN ITS PLACE





## Horoscopes

### Aries

March 21 - April 20

For best results today, you should be totally honest about your feelings — even when a backlash is likely. You may lose out in some way in the short-term but in the long-term your reputation will soar.

### Taurus

April 21 - May 21

A loved one can be hard to understand at times and today it may be impossible to work out what is going on in their head, never mind their heart! Don't worry, it will be OK.

### Gemini

May 22 - June 21

Make sure any changes you make over the next 24 hours are necessary. If you have any doubts at all you should keep things as they are, at least for the time being.

### Cancer

June 22 - July 23

Make a wish list and expect those wishes to start coming true over the next few days. Thoughts exist, they are real, and the more you think about what you desire, the more likely it is you will get it.

### Leo

July 24 - Aug. 23

You may not be the sort who is easily fooled but you should still be on your guard today. Someone you thought you could trust is playing games at your expense. Don't let their games leave you out of pocket.

### Virgo

Aug. 24 - Sept. 23

The planets warn you may be too lenient with someone. If you are, it is likely they will take it as a sign of weakness and take from you more. Don't let your heart rule your head.

### Libra

Sept. 24 - Oct. 23

Under no circumstances should you take risks with money. The Sun's move into the financial area of your chart means there is a lot to gain but more to lose.

### Scorpio

Oct. 24 - Nov. 22

If there is one thing you hate, it's not being sure what is true and what is false. But, there is no way of knowing today. The more thought you give the situation, the more of a dilemma it will be, so stop it.

### Sagittarius

Nov. 23 - Dec. 21

Some people just cannot take criticism and one such person will give you a hard time today because you pointed out where they're going wrong. They should not abuse you — they should thank you.

### Capricorn

Dec. 22 - Jan. 20

You seem to be in a forgiving mood, which is not like you at all. Others may be suspicious but, yes, it's true — you really do want to be nice to people. They may even be nice back.

### Aquarius

Jan. 21 - Feb. 19

You have never been the sort to care too much what others think and if you find yourself swimming against the tide of opinion today you will be quite happy about it. You enjoy being the odd one out?

### Pisces

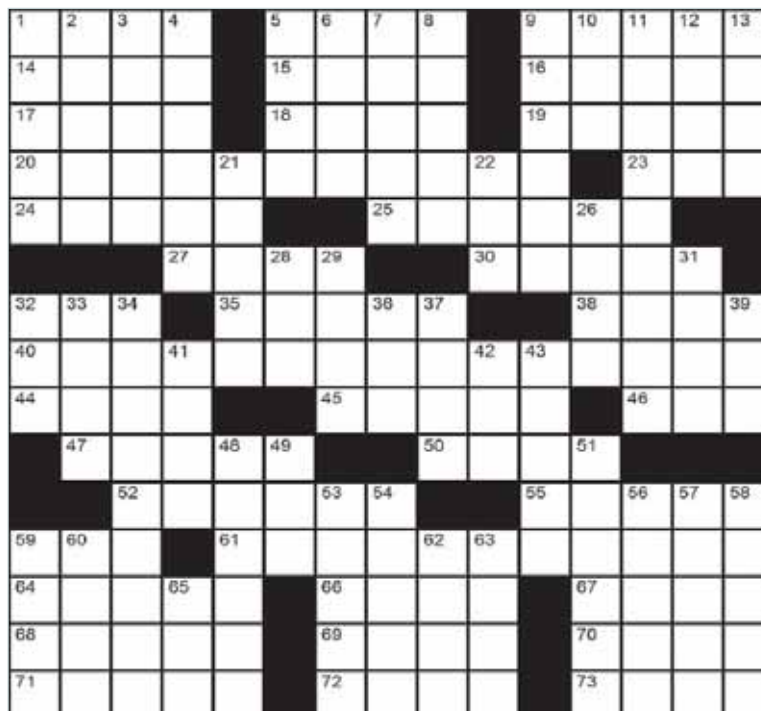
Feb. 20 - March 20

If certain people seem somewhat evasive, it's a sure sign that something underhand is going on. And, you have a fair idea what it is. Don't let them know their deceit has failed yet. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Botanist Mr. Gray's
5. Weight unit
9. Rose \_\_\_ pink (Pretty colour)
14. 110-\_\_\_ appliance
15. Hawkeye State
16. Function or purpose
17. Ancient concert sites
18. Thickening gum
19. Works the Fall leaves
20. The Fall Classic: 2 wds.
23. 'Lion' suffix
24. Big tree along coastal British Columbia, \_\_\_ Spruce
25. "Whatcha Say" by Jason \_\_\_
27. City haze
30. Coral formations
32. Common lunchbox sandwich [acronym]
35. Dearly departed bios
38. In the distance
40. Located in Regina, the 'Depot' of the RCMP is its what?: 2 wds.
44. Wrestling of Japan
45. Vision
46. "\_\_\_ Haw"
47. Prometheus, for one
50. Words on a garage sale tag
52. "The Wiz" (1978)



- song: "\_\_\_ Down the Road"
55. Pairs
59. \_\_\_-relief
61. 1983 comedy flick featuring the SCTV characters at #11-Down: 2 wds.
64. Diminish
66. Stead

67. Trickery
68. AC/DC's "\_\_\_ Bells"
69. Racetrack shape
70. "Heat of the Moment" band
71. Mr. Baldwin's
72. Jodie Foster movie
73. 12 months

### Down

1. Pledges
2. "Me too.": 3 wds.
3. Warning signal
4. Celery segments
5. Jobs for musicians
6. Don Juan type
7. Trophy
8. Chocolate bar, Sweet \_\_\_

9. Act on
10. Conductor, \_\_\_ Pekka Salonen
11. "\_\_\_, \_\_\_!" - Bob and Doug McKenzie
12. Eras
13. Fewer
21. Matt of movies
22. Be off
26. Be up ahead

28. Kimono sash
29. Some bar drinks
31. Ditto
32. Tips, tiny-ly
33. Men's cologne brand
34. Pairs skating great who is a judge on "Battle of the Blades": 2 wds.
36. Restaurant chain, \_\_\_ Friday's
37. Canadian band of "Scratching the Surface"
39. Word with Whiskey
41. Bitty bit
42. Actor brother of Miley's ex Liam ...his initials-sharers
43. "There is \_\_\_ in the affairs of men." - Shakespeare
48. Evaluate
49. Web
51. Public transport mode
53. Synthetic yarn
54. Gullible
56. Originate from
57. Alberta village, 'Gateway to the Handhills'
58. Use profanities
59. "Who Let the Dogs Out" by \_\_\_ Men
60. Cain's sibling
62. Actress Patricia
63. Bird type
65. "Cake Boss" network

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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Partly cloudy

**Friday**

9°/2°

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